

TOTAL HEALTH CHIROPRACTIC, PC

Richard Puchta D.C.

TERMS OF ACCEPTANCE

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

The care we provide has only one goal. It is important that each patient understand both the objective and the methods that will be able to attain it. This will prevent any confusion or disappointment. The following definitions clarify the statements that follow.

Spinal Adjustment: A spinal adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation.

Vertebral Subluxation: A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

Cranial Adjustment: A cranial adjustment is the specific application of gentle forces to cranial bones to facilitate the body's correction of improper position or motion of cranial bones.

Extremity Adjustment: An extremity adjustment is the specific application of forces to facilitate the body's correction of misalignments or improper motion in extremity joints. Examples of extremity joints are shoulders, wrists, hands, ribs, sternum, hips, knees, ankles, and feet.

Myofascial Release: Myofascial release is the specific application of forces to facilitate the body's release or removal of restrictions in muscle tissues or in fascia. [Note: Fascia are membranes that surround muscles, organs, and the brain and spinal cord, and also help hold these structures in position.]

Homeopathic products: Homeopathic products contain very dilute amounts of various substances, mainly herbs. They assist the body to bring balance to various tissues of the body.

Health: A state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

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We do not offer to diagnose or treat any disease. We do diagnose and treat vertebral subluxations, and we also detect other major interferences to the expression of the body's innate wisdom. If during the course of a chiropractic evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. **OUR ONLY PRACTICE OBJECTIVE** is to **eliminate major interferences** to the expression of the body's innate wisdom. Our primary methods to reach this objective are specific adjusting to correct vertebral subluxations, gentle adjusting of cranial bones, adjusting of extremity joints, and myofascial release. We also offer the option of using homeopathic products to eliminate certain interferences to the expression of the body's innate wisdom.

I, _____ have read and fully understand the above statements.
(print name)

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction.

I therefore accept chiropractic care on this basis.

(Patient or Parent/Guardian signature)

(Date)